# Pragati Gramin Vikas Sanstha, Betul Annual Report Year 2019-2020

Pragati Rural Development Society, Betul, in 05 villages of Amla development block of district Betul and 10 villages of tribal development block Bhimpur, through public awareness programs, mutual co-operation of the rural community and all in educational, economic, social change and development. The following activities were implemented with the aim of making contribution and ending discrimination and untouchability with the Dalit and tribal community in the village and connecting them with the main stream of development.

Continuous village visits by the workers of Pragati gramin Vikas Sanstha, contact with the community, close contact with the village administration employees-sarpanch, secretary, teachers, Anganwadi workers, and Panch representatives, in addition to general meetings and training from time to time. Sitting with the villagers, women and members of the Panchayat, after discussing in detail in the group, information was taken regarding the problems and according to their needs and problems, the following programs were organized:-

# 1.Academic Programme:

Efforts were made by the institution to increase the curiosity of the school students of poor, destitute poor families and to motivate them for education till class 12th. An understanding was developed on the need of the students to learn life skills.

### **Achievements**

- 1. In ten villages there are no school non-resident students.
- 2. Interest arose among parents and mothers towards education. Mothers started trying to understand the importance of education.
- 3. Interest was awakened by the parents to study till class 12.
- 4. Girls were not married in the village at an early age.
- 5. The girls won prizes in cultural and educational disciplines.
- 6. Got to learn the art and discipline of living life.
- 7. Increased inclination towards cultural programs.
- 8. There was a change in **the** education system of the respective schools. Schools are started on regular time
- O2 Cleanliness Program:- Through the cleanliness program, an attempt was made to make the representatives of 10 villages aware of their own hygiene habits and improving their level through the meetings, to improve the cleanliness of the entire village environment, which will remove the dirt. And don't get trapped in the vicious cycle of disease. Villagers were informed about the possibilities of rainy season diseases and their prevention. Was told about water borne diseases, advised to avoid mosquito. Along with the change in the weather, they were asked to improve their cleanliness level and follow the precautions, so as to prevent diseases or diseases caused by contaminated water, mosquitoes, flies, moisture germs. In all 10 villages, 262 men and women participated in these meetings.

# **Achievements**

- 1. Reduction in diseases.
- 2. The villagers started paying attention towards cleanliness and health.
- 3. The standard of living and cleanliness of school children has improved.

4. The villagers do the cleaning from time to time around the handpumps and wells of the village.

International Women's Day: International Women's Day was organized on March 8, 2020, informing all the Dalits, Scheduled Tribes and other people of district Betul district 10 villages in participated. The President and the guests worshiped the shadow images of Maa Saraswati, Maa India, Indira Gandhi, Mato Shri Ramabai Ambedkar, Kranti Jyoti Savitribai Phule and Maharani Laxmibai. The female guests present were felicitated, the participation of school girls in the program increased and they presented colorful programs. Women were fed games like chair race etc. For the first time in the village, this honorable program of women - International Women's Day celebration was witnessed with great enthusiasm among all the women, men and school girls, who in their own words felt proud of themselves with the platform and program fully equipped with women. By remembering Saraswati, Bharat Mata, Savitri Bai Phule, Ramabai, Maharani Laxmibai, Indira Gandhi, Pratibha Devi Patil, Sunita Williams, women should become educated, establish themselves as an image in society, village, district and country, women They were motivated to feel the power and get their rights right and move on the path of development. By giving in-depth information about women's violence, crime, special laws and rights made for women, by discussing about the capable guiding women of their society, they should get equal equality with men in the fight for their rights and their status in the society. Motivated to create identity and get their rights as entitlements, they were motivated to provide a better environment to their girl students.

### **Achievements**

- 1. Women became aware of their rights and rights.
- 2. The marriage of young girls was banned.

- 3. Girl's education got a boost.
- 4. There has not been any incident like gender check in the womb or any act like feticide.
- 5. Developed understanding of domestic violence.

# 4. Adolescent Girl Awareness Program:

What is the gender of the adolescent girls in the presence of 40 adolescent girls and their mothers under the health awareness program to the adolescent girls in ten villages. Distinctions of natural and social gender, social distinction between boys and girls on different occasions, explained through exercise activity and the onset of malnutrition, effects, better health care in adolescence, diet, supplementary nutrition, diet during menstruation Precautions, do not marry before the age of 18, physical changes occurring in the body of girls and boys till the age of 18 and the effect of changing hormones were told about the importance of education in life and inspiring discussion to get the right to equality An attempt was made to know the experience of adolescent girls by making the issue. HIV. Efforts were made to give information about AIDS.

# Achievements:-

- 1. Concern has been raised about the age of marriage among adolescent girls.
- 2. The marriage of young girls was banned.
- 3. Girl's education got a boost.
- 4. Attention is being paid to the health education and food habits of the girls in the family.
- 5. There was an awareness among the adolescent girls about their rights.

# 5.Health Program:-

1. Through the health program, an attempt was made to make the representatives of 10 villages aware of their own health through meetings so that they could not get trapped in the vicious cycle of dirt and disease. All the students were given necessary medicines and suggestions by the workers by making better efforts towards better health and their better health, nutritional supplements, vaccination etc. After waking up every morning, they should clean their teeth properly, so that if the teeth are clean, then they will not have to face any kind of problem related to teeth. Told all the students that in the winter season, wake up early in the morning and go for a short walk. By which health is always good. We do not have to face any kind of disease by walking in cold days. Nails should be cleaned from time to time. Consume freshly prepared food, if the food smells in a special way, then do not consume that food. Do not drink water immediately after coming from strong sun and heat, stay for a while and drink water after that. Before going out in strong sunlight, you must wrap a cloth like handkerchief on the head so that you will be able to avoid the strong sun. Eat fruit. Make sure to include green and leafy vegetables in your diet.

# Achievements:-

- 1. Reduction in diseases.
- 2. The villagers started paying attention towards cleanliness and health.
- 3. The standard of living and cleanliness of school children has improved.
- 4. The economic situation improved.
- 5. **Contact with government offices**: Under the program, information about various activities was given to government offices and contact was established with various government offices for permission from school teachers.